

## END OF THE YEAR JOIN US IN STILLWATER FOR IN-PERSON TRAINING

#### OK DEPARTMENT OF CAREERTECH 1500 WEST 7TH AVENUE STILLWATER, OK 74074

Please select a training date and time:						
Galaxy	Tuesday, May 23rd 10:00 -11:00am	<u>Register Here</u>				
OKCareerGuide	Tuesday, May 23rd 1:00 -3:00pm	<u>Register Here</u>				
OKCareerGuide	Wednesdy, May 24th 10:00am -12:00pm	<u>Register Here</u>				
Galaxy	Wednesday, May 24th 1:00 - 2:00pm	<u>Register Here</u>				



## OKCAREERGUIDE TEAM



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# ALL OF OUR SUPPORT MATERIALS ARE LOCATED AT CTYOU.ORG

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COURSES/ PAGES

## NO LOGIN NEEDED

Home Getting Started ▼ Request a Course Site ▼ How to Moodle Division Contacts FAQs

You are currently using guest access (Log in)



ctYOU.org

#### Log in



#### Intro to CareerTech: A Brief History, a FREE online course

Great for students, new CareerTech employees, and long-timers. If you don't have a "ctYOUser" account, click the Log In link to create one, then log in and click the link below.

#### Free Teacher Resources

See each site for the guest access key. These sites are updated regularly.

- BMITE Teacher Resources
- Health
- Moodle training packets
- STEM Middle School Unplugged Activities
- STEM High School Unplugged Activities
- STEM Resources by Subject

# ALL OF OUR SUPPORT MATERIALS ARE LOCATED AT CTYOU.ORG

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## SCROLL DOWN TO FIND COUNSELING AND CAREER DEVELOPMENT



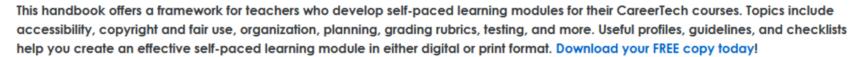
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Already logged in to ctYOU.org? Click this link, and type in the self-enrollment key provided in the course description.

#### FREE DOWNLOADABLE BOOK:

Developing Modules for Self-Paced Learning: A Handbook for Teachers





#### Course categories

▶ ACCREDITATION (4)

- → ADULT CAREER DEVELOPMENT (1)
- ▶ AGRICULTURE (10)
- ▶ BIS
- ▶ BMITE (2)
- ▶ BOARD OF TESTS
- Counseling and Career Development (2)
- DO CENTERS OF WORKFORCE EXCELLENCE (1)
- COMMUNICATIONS & MARKETING (1)

Expand all

- ► AGRICULTURE (10)
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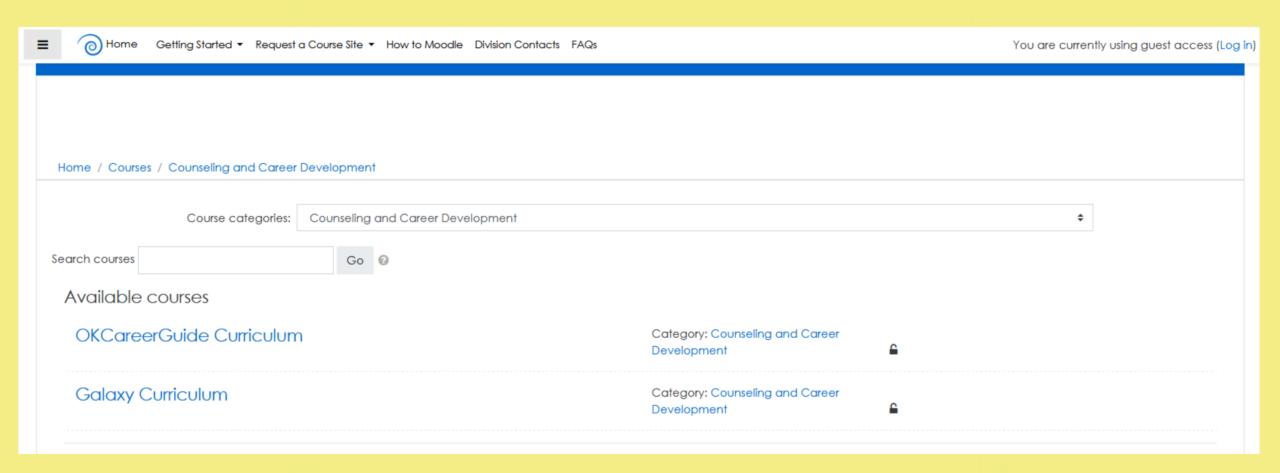
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## WE HAVE TWO CONTENT COURSE/PAGES



## Available courses

## OKCareerGuide Curriculum

Galaxy Curriculum

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## HIGH SCHOOL CURRICULUM

#### OKCareerGuide Curriculum

Home / Courses / COUNSELING AND CAREER DEVELOPMENT / OKCareerGuide Curriculum













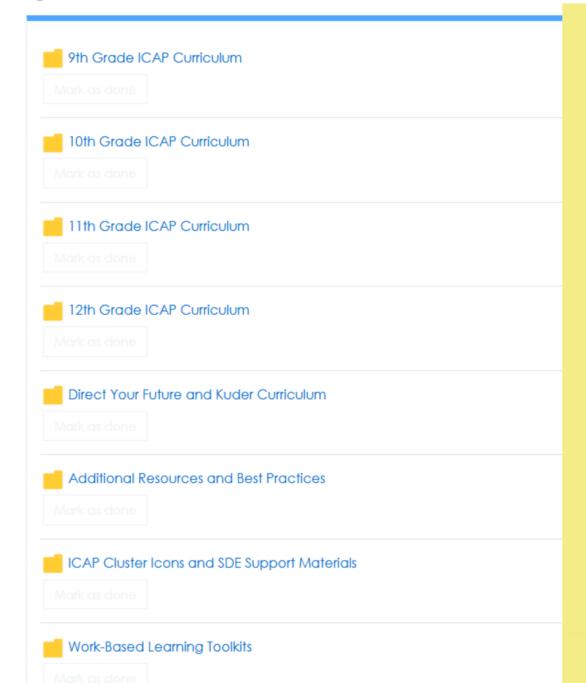




#### High School Curriculum



#### High School Curriculum



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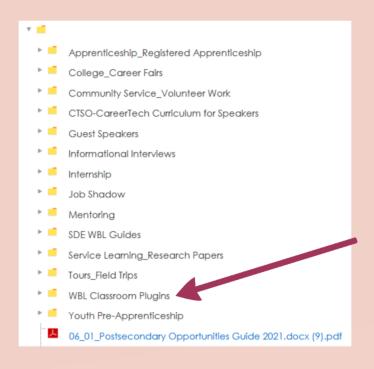
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## WORK-BASED LEARNING TOOLKIT











### High School Curriculum

- 9th Grade ICAP Curriculum
- 10th Grade ICAP Curriculum
- 11th Grade ICAP Curriculum
- 12th Grade ICAP Curriculum
- Direct Your Future and Kuder Curriculum
- Additional Resources an Best Practices
- ICAP Icons and SDE Support Materials
- Work-Based Learning Toolkits

▼ 📑 Apprenticeship\_Registered Apprenticeship College\_Career Fairs Community Service\_Volunteer Work CTSO-CareerTech Curriculum for Speakers **Guest Speakers** Informational Interviews Internship Job Shadow Mentoring SDE WBL Guides Service Learning\_Research Papers Tours\_Field Trips WBL Classroom Plugins Youth Pre-Apprenticeship 06\_01\_Postsecondary Opportunities Guide 2021.docx (9).pdf



#### **Work-Based Learning Toolkits**

#### Toolkit Timeline Use

WORK-BASED LEARNING			A DE	GRADE	GRADE	GRADE	GRADE	GRADE	GRADE	GRADE	СПЗ	
	COMPLETION CRITERIA			O GRADE	7	8	9	10	11	12	13	тооскит
	WBL Exploration		Tours/Field Trips	~	~	<b>✓</b>	1	<b>~</b>				
		Awareness	Guest Speakers	✓	✓	✓	✓					
		WBL Awar	Career Exploration Days/Fairs			✓	✓	✓				
			Interviews			✓	✓	✓				
			Mentoring		✓	✓	✓	✓	✓			
			Service Learning/Research Papers	✓	✓	✓	✓	✓	✓	✓		
			Community Service/Volunteer Work	✓	✓	✓	✓	✓	✓	✓	✓	
2			Job Shadow			✓	✓	✓				
ratio			Internship						✓	✓		
WBL Preparation			Pre-Apprenticeship/ Youth Apprenticeship					✓	<b>~</b>	✓	<b>✓</b>	
M			Apprenticeship							✓	✓	

#### Toolkits contain the following elements:

- Introduction
- Overview
- Checklist for teacher, student and workplace partner
- Before the WBL project

- · During the WBL project
- · After the WBL project
- Tools/fact sheets/resources
- Personalizable tools

The guide is in a PDF format that has linked table of content for quick access to materials. The guide also contains all the tools; however the tools have also been made into separate PDFs that are fillable forms.

Project-based Learning



## **Work-Based Learning Continuum**

**Career Fairs** 

Job Shadowing

Mentorships

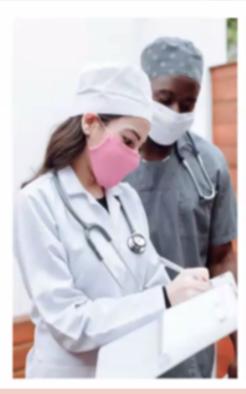
Internships & Apprenticeships

Project-based Learning









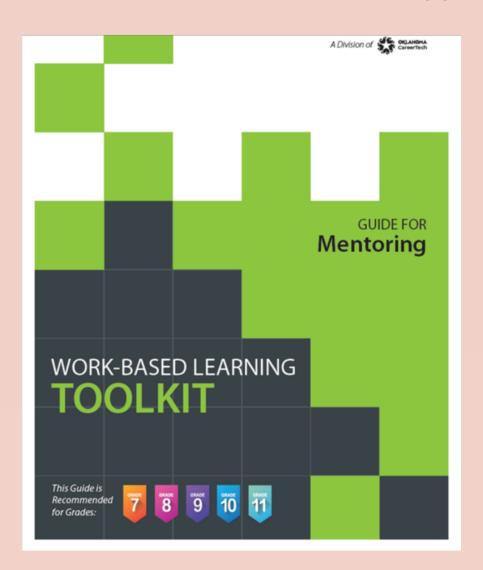






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## WHAT IS IN A KIT?



 Each toolkit has a guide that has a linked table of contents and a linked Tools table of contents.

# WORK-BASED LEARNING TOOLKIT

This Guide is Recommended for Grades:











## WORK-BASED LEARNING TOOLKIT

- An Overview of the WBL toolkit gives introduction to what the WBL activity is and how it will benefit the student.
- The tool kits were written for those that have net ever done WBL Activities.



#### Definition

Mentoring is one component of work-based learning. Is a career Awareness and exploration activity in which the student is matched one-to-one with an adult professional in a chosen field of interest to explore a career and related issues. The career mentor serves as a resource for the student by sharing insights and providing guidance about the workplace, careers and education. This mentoring can take place in conjunction with an activity that a club or student organization is sponsoring. It may also take place within a class where the student may be working on a capstone project.

#### Rationale

Mentoring provides an avenue for developing voluntary partnerships between employers and schools. Mentoring also gives the mentor an opportunity to have a positive influence on the development of a young person. Above all, a mentoring experience provides young people with someone to look to for support and guidance while facing the challenges of growing into adulthood.

#### Student Benefits

- It offers career awareness and exploration opportunities firsthand about a chosen profession.
- It immerses the student in the higher order thought process of the profession and helps students see the importance of developing good work ethics and having positive selfesteem.
- It forms a partnership among students, schools and volunteers from business and industry.
- It requires a strong commitment from both parties to listen, share, respect and trust the other party's concerns and comments.
- It is an opportunity for students to develop leadership skills.

#### **Mentoring Benefits**

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## CHECK LIST FOR WORKPLACE PARTNER, TEACHER AND



Use this checklist as a quick reference to ensure you have completed all the steps needed to have a successful mentorship.

#### Before the Mentoring

- Register on Connect 2 Business to promote all work-based learning opportunities at your workplace. https://okcg-c2b.kuder.com/
- Let the teacher know the identity of the main contact, emergency phone numbers and email at the workplace and the best place for parking and building entry procedure.
- Consider a live or virtual tour for mentee(s) to explore all careers of the industry.
- Determine a structure, time and location that will work best for mentoring.
- Consider how employees with different levels of responsibility might mentor students.

#### During the Mentoring

Make sure mentors are aware of any time constraints if they are mentoring at school location

#### After the Mentoring

Complete and return the Mentor Evaluation.

## STUDENT



#### TEACHER CHECKLIST

for Mentoring

Use this checklist as a quick reference to ensure you have completed all the steps defined in this guide.

#### Before the Mentoring

- Establish goals for the mentoring program, deciding which curricula/programs can benefit
  most.
- Establish procedures to be followed for the mentoring sessions.
- Select appropriate businesses that support the curriculum and students ICAPs.
- Confirm logistics, if at worksite make student aware of workplace standards.
- Collect signed Student Applications for Mentoring forms.
- Inform mentors about expectations for the mentoring session.
- Prepare students to maximize their learning during the mentoring session. Help them prepare questions to ask and find information they want to know that will help them with curriculum, projects or competitions.

#### During the Mentoring

- Make sure student(s) have the questions they prepared to ask and response paper.
- Make sure classroom is ready for the mentor to work with student(s).
- Facilitate meeting between the mentor and student(s).
- ☐ Watch the time to keep student(s) and mentor on track and making good use of time.

#### After the Mentoring

- Provide individual and group reflection exercises.
- Help student(s) make the connection between academics and the workplace.
- Have student(s) write thank-you notes to mentor. Support students in determining the next step in learning about careers and their ICAPs.
- Use employer and student feedback to make continuous improvement.
- □ This experience along with the documentation could be used to document ICAP Work-Based Learning activities. Make sure to forward documentation to the ICAP coordinator.



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#### Before the Mentoring

- Research a company or organization that could do mentoring.
- Assess how an industry mentor can support your ICAP goals and or project completion.
- Discuss with teacher when the mentoring will best support curriculum/project outcomes.
- Get the Student Application for Mentoring form signed.
- Turn in signed Student Application for Mentoring form.
- Develop questions about the curriculum, project or competition to discuss how industrial experience can improve what you are doing or how it applies to real life.
- Make sure you know when and where the mentoring will take place. If it is off campus make sure to arrange transportation, adult sponsor and any other industry workplace standards.
- Attend the training and orientation session.

#### During the Mentoring

- Arrive early for mentoring session.
- If mentoring involves a team make sure all have arrived along with the instructor.
- Use your prearranged questions and any manipulatives that you have and on which you are seeking expert advice. Take notes to document experience.
- Listen carefully as other students are asking questions so as not to repeat them.

#### After the Mentoring

- Use your notes for individual and group reflection exercises.
- Participate in classroom activities that will help you apply what you learned from the mentoring experience.
- ☐ Write thank-you note to the mentor. Electronic methods are acceptable.
- Complete a Student Mentoring Evaluation.



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#### Steps for Implementing a Mentoring Program

- 1. Discuss and identify the opportunities of the mentoring program.
- 2. Discuss and identify where and when the mentoring will take place (e.g., school/off campus).
- Develop application materials for interested students and mentors.
- 4. Develop selection criteria for both students and mentors.
- Develop an evaluation form to monitor success of the program.
- 6. Recruit students (in collaboration with their parents) and mentors to participate in the program.
- Select the teacher(s)/other personnel who will be working with the mentoring program in the school system.
- 8. Select the individuals (students and mentors) who will be participating in the mentoring program.
- 9. Match the students with compatible mentors based on career interests.
- Conduct a training and orientation session for mentors, students and school staff involved in the mentoring program.
  - a. School Staff: In these sessions, review the following:
    - i. Goals of the program.
    - ii. Procedures to be followed for the mentoring sessions based on site-based policies.
    - iii. Evaluation procedure.
    - iv. Expectations for staff members.
    - v. Safety procedures.
  - b. Mentors: In these sessions, review the following:
    - i. Goals of the program.
    - ii. Procedures to be followed for mentoring sessions.
    - Basic information about the school and the school routine such as beginning and endi time, days off and school sign in and out policy.
    - iv. Evaluation procedure.
    - v. Expectations for mentors involved in the program.
    - vi. Information on school resources, cultural sensitivity, profile of students, liability, safety,
    - etc.
  - c. Students: In these sessions, review the following:
    - i. Expectations.
    - Proper dress.
    - iii. Careers relating to mentoring experience.
    - iv. Basic safety practices/procedures.
    - Evaluation procedures.
    - vi. Transportation for off-campus sessions.

# BEFORE, DURING AND AFTER SECTIONS



#### WBL Coordinator

The coordinator should be involved in structuring the following activities:

- Communicate with members.
- Track student hours.
- Evaluate student progress.
- Conduct progress conferences.

#### Student

The students should be involved in the following activities:

- Participate in progress conferences.
- . Reflect on the connection between what has been learned at school and at the workplace.
- . Comply with all workplace rules and exercise workplace readiness skills.
- · Record observations of the career and workplace.
- Document WBL hours.

#### Employer/Mentor

The employer / mentor should be involved in the following activities:

- . Coordinate and communicate with WBL coordinator.
- Evaluate student-mentee progress.
- Participate in progress conferences.



#### WBL Coordinator

Collect documentation and submit reports as required.

#### Student

Complete feedback and reflection assignments.

#### Employer/Mentor

Complete feedback and evaluation forms.



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# TOOLS



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## Personalization of Tools Instructions

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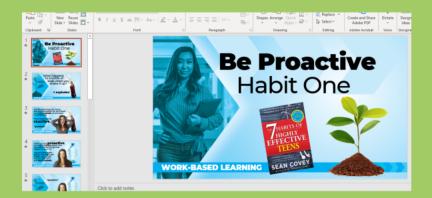
# COMMON ITEMS IN TOOLS

- Checklist: Teacher, Student and Workplace partner.
- Evaluations: Teacher, Student and Workplace partner
- Application/permission forms
- Data collection and activity forms
- The more involved the WBL activity the more tools that can be found in the toolkit.



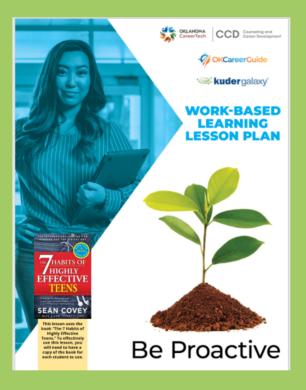
## CURRENT PLUGINS AVAILABLE

- 7 Habits Get in the Habit
- 7 Habits Habit 1 Be Proactive
- 7 Habits Habit 2 Begin with the end in Mind
- 7 Habits Paradigms and Principles Conflict Resolution
- 7 Habits Personal Bank Account
- Choose your Attitude

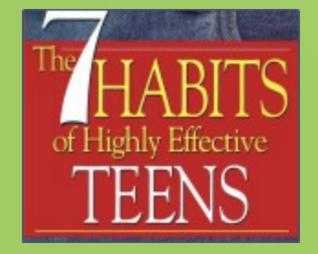


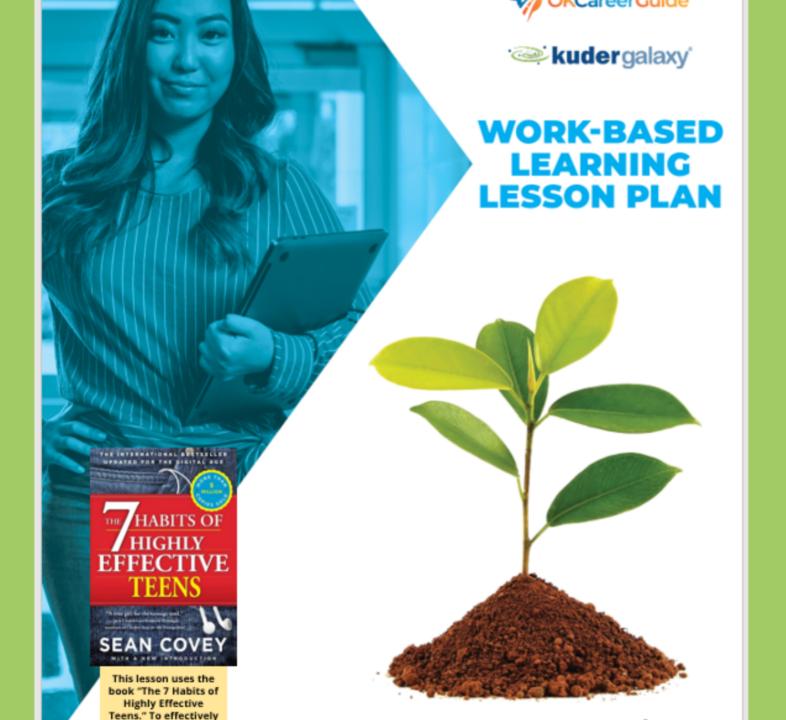




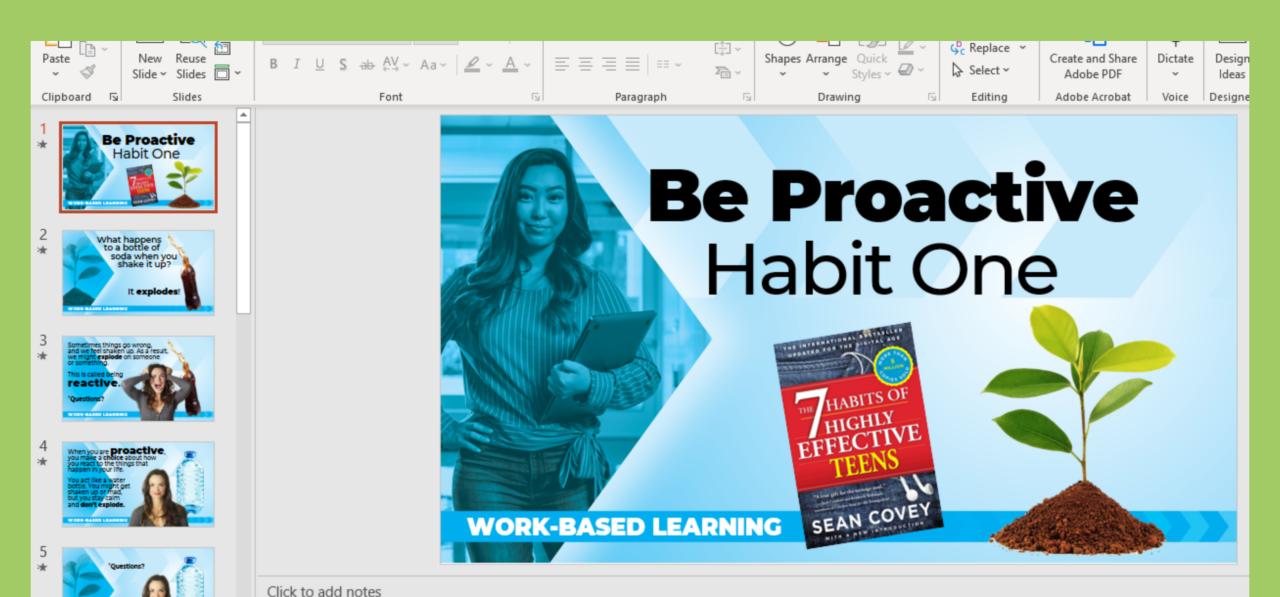


# WHAT DOES A PLUGIN INCLUDE









## **BE PROACTIVE**

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Name	Date

# 7 HABITS OF HIGHLY EFFECTIVE TEENS WORKSHEET Habit One: Be Proactive

Proactive language gives you back the control. You are free to choose who is in control of what you say and do (YOU!).

So what is proactive behavior? **Proactive behavior** includes language such as the following:

- > I'm sorry. I didn't mean that.
- > I'll get right on that.
- > I'm not really interested, but thank you.
- > I am sure we can think of a third alternative.
- ➤ I can.

**Reactive behavior** includes language such as the following:

- > It's your fault.
- ➤ If only....
- I just can't decide.
- > That's not fair.
- > That's just the way I am.



I tend to be the most reactive (when and where?):	

## **BE PROACTIVE**



## Tips on How to Be Proactive

Here are some tips that can help you become more proactive.



## KEEP A CALENDAR OF UPCOMING ACTIVITIES

Meetings, gatherings, special events, tasks and examinations are always flying around; they take up your time even before the week begins. So how do you keep track of everything? Keeping a calendar is an easy way to improve your time management. Knowing and planning for deadlines will help you avoid missing meetings and pulling all-nighters completing projects.



## MAKE TO-DO LISTS

You establish commitment for yourself when you put things down on a to-do list. Also, anything you jot down stays with you longer than something you type on the computer or smartphone. To-do lists can serve as a reference point to help you get through your day.

# WHILE SOME OF THE PLUGINS USE THE 7 HABITS BOOK, EVERY PLUGIN STANDS ON IT'S OWN AS A LESSON.

- Lessons are based on 45 minute class periods.
- The lesson plans gives you an estimate of how many class periods it will take to cover the topic. [varies by students and class size]
- Most of the lessons are made so that they could be used as learning modules for one or a few students.
- Most lessons will have an extension activity that is above and beyound the lesson.
- As with all curriculum located on Ctyou.org once you download, it becomes your to use and do with it as you please.

# PLUGIN THAT ARE IN THE PIPELINE BEING FINISHED

- 7 Habits Habit 3 Put First Things First
- 7 Habits Habit 4 Think Win-Win
- 7 Habits Habit 5 Seek First to Understand, Then to Be Understood
- 7 Habits The Relationship Bank Account
- Work Ethics

## PLUGIN THAT ARE STILL IN THE CREATION STAGE

- Career Investigation
- Dress for Success
- Formulate a Career Plan
- Job Application
- Team Work
- True Colors
- Language at Work
- 7 Habits Habit 6 Synergize
- 7 Habits Habit 7 Sharpen the Saw
- 7 Habits Keep Hope Alive





